



# Novena to the Sacred Heart of Jesus



Institute for  
Catholic Education

## AN INVITATION

# TO THOSE INVOLVED IN AND THOSE WHO CARE FOR *CATHOLIC EDUCATION* IN THE PROVINCE OF ONTARIO TO PRAY TOGETHER – 2024

**Catholic Education Week reminds us that we are called to love. As we are reminded in First Letter of John – “If we love one another, God lives in us.” (1 John 4:12)**

As we have turned our minds, in a particular way this year, to families and the love of God in and for families, let us once again pray together focused on the Most Sacred Heart of Jesus – ***a heart that overflows with love for each and every one of us and for the whole human family.***

Our Novena begins with a day of Preparation on **Wednesday, May 29th** followed by 9 days that lead to the Solemnity of the Most Sacred Heart of Jesus.







## STRUCTURE AND USE OF THE NOVENA

A novena is an ancient form of prayer in the Catholic tradition consisting of nine consecutive days of prayer leading up to a particular feast day where a particular blessing or grace is sought.

The devotion to the Sacred Heart of Jesus and the celebration of the Solemnity of the Sacred Heart of Jesus are part of our longstanding tradition in the Church. Students in Catholic Schools in Ontario learn about this devotion in the Grade 6 *Growing in Faith, Growing in Christ* program during Unit 5.

You may begin each day with an announcement of the Theme.

Then say, "Let us pray." (pause)

Make the Sign of the Cross and proceed with the day's prayer as shown below.

Each day, the prayer incorporates a small Scripture passage from the readings of the day. In this way, our prayer is joined with the prayer of the whole Church worldwide. It is recommended that you observe a brief pause following the proclamation of the short Scripture passage. This allows for a moment of silent reflection and our collective prayer then follows from the Word of God.

IN PREPARATION: WEDNESDAY, MAY 29<sup>TH</sup>

# We Are Called To Love Deeply

On this day, before our Novena begins, we think of the First Letter of Peter that reminds us of the importance of loving one another deeply.

In his letter, Peter says:

*Now that you have purified your souls  
by your obedience to the truth  
so that you have genuine mutual love,  
love one another deeply from the heart.  
(1 Peter 1:22)*

Over the next nine days, **our prayers will focus on the heart of Jesus – his Sacred Heart.** We will remember his great love for each of us, for our families, and for the whole human family. Each day we will entrust families to the love of Jesus.





FIRST DAY: THURSDAY, MAY 30<sup>TH</sup>

# God Loves Us Generation After Generation

**Let us pray**

**+ In the name of the Father, and of the Son,  
and of the Holy Spirit. Amen.**

**O Sacred Heart of Jesus, we entrust to you our own family and the whole human family. Show us, Lord, the treasures of love, goodness and mercy in your heart so we may be truly loving, good and merciful.**

**We now listen to God's Word.**

*For the Lord is good;  
his steadfast love endures forever,  
and his faithfulness to all generations.*

*(Psalm 100:5)*

*(pause for a moment of silent reflection)*

**O Sacred Heart of Jesus, full of compassion and love, we think of generations gone before us and in a special way, we think of grandparents and all older people. Help us to remember your love throughout the generations in our family. **Help us to be grateful for the love of grandparents and to show kindness to older adults who may be without family or feeling lonely.****

**Sacred Heart of Jesus, we place all our trust in you.**

**In the name of the Father, and of the Son, and of the Holy Spirit. Amen.**







**SECOND DAY: FRIDAY, MAY 31ST**

*Visitation of the Blessed Virgin Mary*

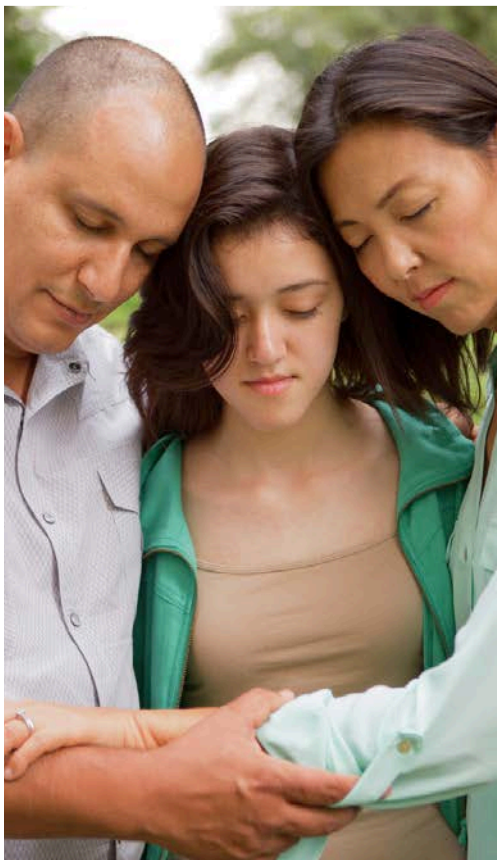
## **Mary Visits Her Cousin, Elizabeth**

**Let us pray**

**+ In the name of the Father, and of the Son, and of the Holy Spirit. Amen.**

**O Sacred Heart of Jesus, we entrust to you our own family and the whole human family. Show us, Lord, the treasures of love, goodness and mercy in your heart so we may be truly loving, good and merciful.**

**We now listen to God's Word.**



*In those days Mary set out and went with haste to a Judean town in the hill country, where she entered the house of Zechariah and greeted Elizabeth. When Elizabeth heard Mary's greeting, the child leaped in her womb. And Elizabeth was filled with the Holy Spirit and exclaimed with a loud cry, "Blessed are you among women, and blessed is the fruit of your womb." (Luke 1:39-42)*

*(pause for a moment of silent reflection)*

**O Sacred Heart of Jesus, full of compassion and love, help us to remember the love and respect between Mary and her cousin, Elizabeth. Help us to recognize how our family cares for us, celebrates happy times and supports us in difficult times. May we be caring family members. Like Mary, may we show care to the whole human family.**

**Sacred Heart of Jesus, we place all our trust in you.**

**In the name of the Father, and of the Son, and of the Holy Spirit. Amen.**



THIRD DAY: SATURDAY, JUNE 1ST

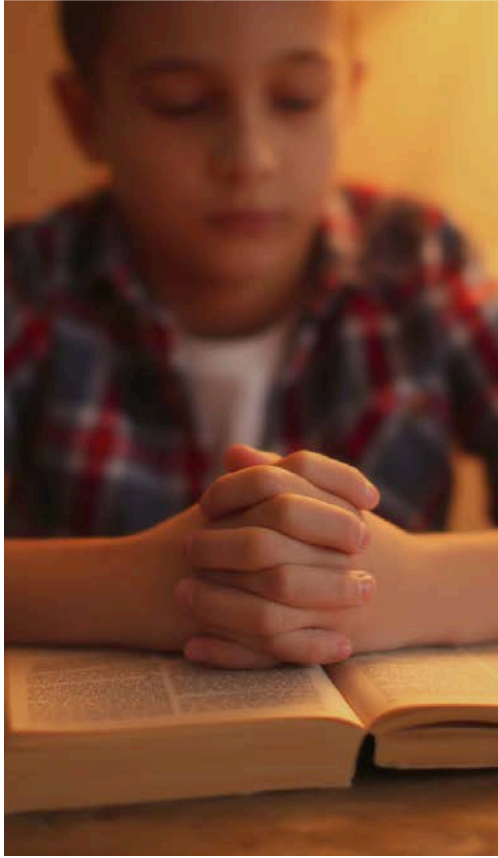
# God's Mercy Is A Sign Of God's Love

**Let us pray**

**+ In the name of the Father, and of the Son,  
and of the Holy Spirit. Amen.**

**O Sacred Heart of Jesus, we entrust to you our own family and the whole human family. Show us, Lord, the treasures of love, goodness and mercy in your heart so we may be truly loving, good and merciful.**

**We now listen to God's Word.**



*But you, dear friends, by building yourselves up in your most holy faith and praying in the Holy Spirit, keep yourselves in God's love as you wait for the mercy of our Lord Jesus Christ to bring you to eternal life. (Jude 20 - 21)*

*(pause for a moment of silent reflection)*

**O Sacred Heart of Jesus, full of compassion and love, help us to remember when we show mercy and forgiveness to one another in our families, we are sharing your love. May we be people who show mercy and forgiveness with everyone we encounter.**

**Sacred Heart of Jesus, we place all our trust in you.**

**In the name of the Father, and of the Son, and of the Holy Spirit. Amen.**



## FOURTH DAY: SUNDAY, JUNE 2ND

*The Solemnity of the Most Holy Body and Blood of Christ (Corpus Christi)*

# Families Celebrate the Gift of the Mass

**Let us pray**

**+ In the name of the Father, and of the Son,  
and of the Holy Spirit. Amen.**

**O Sacred Heart of Jesus, we entrust to you our own family and the whole human family. Show us, Lord, the treasures of love, goodness and mercy in your heart so we may be truly loving, good and merciful.**

**We now listen to God's Word.**

*What shall I return to the Lord  
for all his bounty to me?  
I will lift up the cup of salvation  
and call on the name of the Lord  
(Psalm 116:12-13)*

*(pause for a moment of silent reflection)*

**O Sacred Heart of Jesus, full of compassion and love, help us to be thankful for the gift of the Mass. When we gather for Mass, help us to remember all the members of our family in our prayer. **Help us always to pray for the good of the whole human family.** May we grow in love and strength as a family through the gift of the Mass.**

**Sacred Heart of Jesus, we place all our trust in you.**

**In the name of the Father, and of the Son, and of the Holy Spirit. Amen.**







FIFTH DAY: MONDAY, JUNE 3RD


# God Wants To Give Us Everything We Need

**Let us pray**

**+ In the name of the Father, and of the Son, and of the Holy Spirit. Amen.**

**O Sacred Heart of Jesus, we entrust to you our own family and the whole human family. Show us, Lord, the treasures of love, goodness and mercy in your heart so we may be truly loving, good and merciful.**

**We now listen to God's Word.**



*His divine power has given us everything needed for life and godliness, through the knowledge of him who called us by his own glory and goodness.  
(2 Peter 1:3)*

*(pause for a moment of silent reflection)*

**O Sacred Heart of Jesus, full of compassion and love, help us to be grateful for all the blessings you have given us. Help us to remember all who lack food or water or friendship or shelter and help us to bring comfort to them.**

**Sacred Heart of Jesus, we place all our trust in you.**

**In the name of the Father, and of the Son, and of the Holy Spirit. Amen.**



SIXTH DAY: TUESDAY, JUNE 4<sup>TH</sup>


## God is Our Loving Creator

**Let us pray**

**+ In the name of the Father, and of the Son, and of the Holy Spirit. Amen.**

**O Sacred Heart of Jesus, we entrust to you our own family and the whole human family. Show us, Lord, the treasures of love, goodness and mercy in your heart so we may be truly loving, good and merciful.**

**We now listen to God's Word.**



*Lord, you have been our dwelling place in all generations.  
Before the mountains were brought forth,  
or ever you had formed the earth and the world,  
from everlasting to everlasting you are God.  
(Psalm 90:1-2)*

*(pause for a moment of silent reflection)*

**O Sacred Heart of Jesus, full of compassion and love, help us to see your goodness in all Creation. Help us to care for Creation and find ways to live responsibly so that the whole human family can share in the blessings of the earth.**

**Sacred Heart of Jesus, we place all our trust in you.**

**In the name of the Father, and of the Son, and of the Holy Spirit. Amen.**



SEVENTH DAY: WEDNESDAY, JUNE 5<sup>TH</sup>


## Our Eyes Look To the Lord

**Let us pray**

**+ In the name of the Father, and of the Son,  
and of the Holy Spirit. Amen.**

**O Sacred Heart of Jesus, we entrust to you our own family and the whole human family. Show us, Lord, the treasures of love, goodness and mercy in your heart so we may be truly loving, good and merciful.**

**We now listen to God's Word.**



*As the eyes of servants  
look to the hand of their master,  
as the eyes of a maid  
to the hand of her mistress,  
so our eyes look to the Lord our God,  
until he has mercy upon us.  
(Psalm 123:2)*

*(pause for a moment of silent reflection)*

**O Sacred Heart of Jesus, full of compassion and love,  
have mercy on us. May all families learn forgiveness and  
mercy as they look to you.**

**Sacred Heart of Jesus, we place all our trust in you.**

**In the name of the Father, and of the Son, and of the Holy Spirit. Amen.**





EIGHTH DAY: THURSDAY, JUNE 6<sup>TH</sup>


# Teach me Your Ways

**Let us pray**

**+ In the name of the Father, and of the Son,  
and of the Holy Spirit. Amen.**

**O Sacred Heart of Jesus, we entrust to you our own family and the whole human family. Show us, Lord, the treasures of love, goodness and mercy in your heart so we may be truly loving, good and merciful.**

**We now listen to God's Word.**



*Lead me in your truth, and teach me,  
for you are the God of my salvation;  
for you I wait all day long.  
(Psalm 25:5)*

*(pause for a moment of silent reflection)*

**O Sacred Heart of Jesus, full of compassion and love,  
help us to learn more about you at school, at church and  
with our family.**

**Sacred Heart of Jesus, we place all our trust in you.**

**In the name of the Father, and of the Son, and of the Holy Spirit. Amen.**



**NINTH DAY: FRIDAY, JUNE 7TH**

*Solemnity of the Most Sacred Heart of Jesus*

# Every Family On Earth And In Heaven Is Cared For By The Sacred Heart Of Jesus

**Let us pray**

**+ In the name of the Father, and of the Son, and of the Holy Spirit. Amen.**

**O Sacred Heart of Jesus, we entrust to you our own family and the whole human family. Show us, Lord, the treasures of love, goodness and mercy in your heart so we may be truly loving, good and merciful.**

**We now listen to God's Word.**

*For this reason I bow my knees before the Father, from whom every family in heaven and on earth takes its name. I pray that, according to the riches of his glory, he may grant that you may be strengthened in your inner being with power through his Spirit, and that Christ may dwell in your hearts through faith, as you are being rooted and grounded in love. (Ephesians 3:14-17)*

*(pause for a moment of silent reflection)*

**O Sacred Heart of Jesus, full of compassion and love, have mercy on all families. Help us, by the power of the Holy Spirit, to be your joyful disciples who form communities of love. May our family be held in your care and may we work for peace and justice for the whole human family.**

**Sacred Heart of Jesus, we place all our trust in you.**

**In the name of the Father, and of the Son, and of the Holy Spirit. Amen.**

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