

# Celebrating Sacred Teachings

# **NOVEMBER RESOURCES**

## Vision

Creating a culture of faith, hope and love to ensure equity and well-being.

### Mission

To accompany our students as we strive for excellence in Catholic Education. We educate students in faith-filled, loving, safe, inclusive schools to develop the God-given abilities of each person.





# **November Resources**

Prayers and Reflections Inspiring Images CGE - Collaborative Contributor Grandfather Teaching - Respect Liturgical Possibilities Quotes Book List



# **Prayers / Reflections**

### Peace

"Blessed are the peacemakers, for they will be called children of God." MATTHEW 5:9



### Becoming Collaborative Contributors



Because I am a team player, I respect others and my place within my community and all Creation.

### Reverence

I have been gifted with deep respect for all that God has created. I am but a small part of that Creation.



### Minaadendamowin – Respect

I show respect when I care for myself, others and all Creation. I include everyone and value their contributions.







This month we celebrate the fruit of the Holy Spirit called Peace; the gift of the Holy Spirit of Reverence; the Grandfather Teaching of Respect (Minaadendamowin /min-nah-den-dah-mo-win/) and the Catholic Graduate Expectation of Becoming Collaborative Contributors.

#### Dear God,

We begin a new month and celebrate the fruit of peace, and who better to emulate this fruit than the Saints we remember on All Saints Day. God, thank you for the living saints who enrich our lives every day. We pray for those people who have touched our lives with their wisdom, kindness, and peaceful decisions, as well as those people whose saintly actions don't always get recognized. May we follow in Jesus' footsteps and be saints to the people we meet today, through our thoughts, words, and actions.

Amen.

#### Dear Lord,

We know that each of us is unique. Grant us the gifts we require to be a strong group, able to work together, complement each other, and accomplish great things. Amen.

#### Dear God,

Respect and development of human life requires peace. Peace is not merely the absence of war. Peace cannot be attained on earth without safeguarding each person and respecting each other's dignity. Peace is the work of justice and the effect of charity. Help us to be more like you by respecting each other regardless of our differences. Amen.

#### Great Spirit,

We thank you for Mother Earth, Grandmother Moon, and Grandfather Sun.

We thank you for the four directions: the east, south, west and north.

We thank you for all our relations: the winged nation, the creeping and crawling nation, the four-legged nation, the green and growing nation, and all things living in the water. Amen.

#### Peaceful God,

Only you can give us the peace that surpasses all understanding. Teach us how to open up our hearts, so that we may allow your peace to dwell within us. Help us today to find stillness within our hearts where we can hear your voice and feel your peace flowing through us. Amen.

#### Dear God,

You have taught us the importance of respecting the rights of others and making meaningful contributions in those communities we serve. Remind me to be reverent and continually reflect upon the meaning and purpose of my work. Amen.



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#### Dear God,

So often it is our differences that cause war, injustice, and strife in our world. Lord, give us the strength and wisdom to understand that these differences are what make us unique. Let us celebrate our uniqueness with each other and the world, in the hope that we will gain a better understanding of what acceptance is, so that we may live in peace and harmony with each other. Amen.

#### Oh Great Spirit,

Who made all races, look kindly upon the whole human family and take away the arrogance and hatred, which separates us from our brothers and sisters. Amen.

#### Almighty God,

With the gift of reverence, sometimes called piety, we have a deep sense of respect for You and the church. As a person with reverence I recognize my total reliance on You and come before You with humility, respect and love. Amen.

#### Dear God,

Thank you for creating each and every one of us. As we develop our God-given potential, please support us in finding meaning, dignity, and vocation in the tasks you put before us now and in the future. Amen.



#### Jesus,

You showed peace in your travels and prayed often to your Father. Teach us to celebrate being at peace with ourselves and to pray as you did. May each of us be instruments of your peace and may we recognize that the simplest of actions can make a difference in the lives of those around us. We ask you to continue to bring peace into our homes and into our hearts and encourage us in promoting peace and justice.

Amen.

We return thanks to our mother, the earth, which sustains.

We return thanks to the rivers and streams, which supply water.

We return thanks to all herbs, which provide medicines to cure diseases.

We return thanks to the moon and the stars, which give light when the sun has set. We return thanks to the sun, which shines upon the earth.

Lastly, we return thanks to the Great Spirit, in whom is embodied all goodness,

and who directs all things for the good of her children.



#### Dear God,

The words we speak are important, but they are empty without actions to back them up. Sometimes we say all the right things, but we do not live our lives like we believe what we say. Remind us that even small acts of kindness do much more than a thousand empty words. Help us live out our gift of reverence when interacting with our friends and family. Amen.

#### Ever-present God,

We pray that each of us may understand what it means to be made in your image. May this provide us the courage we need to show respect through our words and actions and live in harmony with others. Amen.

#### Heavenly Father,

Free us from the worries of trivial things, for sometimes we need your help to see the bigger picture. Help us to experience peace in our hearts as we work and pray for peace throughout the world. Amen.

#### Almighty God,

You have called us to show reverence for all of creation. Give us wisdom to care for all the plants and animals who share this planet with us and whose lives make possible our own. Help us to remember that they too love the sweetness of life and join us in giving you praise. Amen. First Nations, Métis and Inuit seek a respectful and reciprocal relationship with all of creation. One of the ways in which they show this respect is by following certain rules when hunting and harvesting. The rules of the Honourable Harvest include: ask permission before taking; abide by the answer; never take the first; never take the last; take only what you need; leave some for others; harvest in a way that minimizes harm; never waste what you have taken; share; and give thanks for what you have taken.

#### Loving Creator,

Let us pray that we always show this same respect for the land when we harvest, so that we sustain the ones who sustain us. Amen.

#### Dear Lord,

You have taught us that as your children we are all deserving of respect. Help us to know our strengths and see the valuable gifts that we can offer to the community. Help us to also honour the strengths and gifts in others. We ask this through Christ our Lord. Amen.

#### Holy Spirit,

Bless us and grant us the grace of peacefully resolving conflicts that arise in our families. Empower us to understand and reaffirm the love of our families, as Jesus calls us to do, and encourage building peace and love within our homes and our hearts. Amen.



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#### O Great Creator,

Cleanse our hearts, that we may walk with you along the good road, your holy way. Purify our minds, that we may be guided by your holy word. Clear our eyes, that we may see the goodness you have created. Open our ears that we may hear your voice.

Make our souls one with yours, that we may worship you in spirit and in truth, and love you with all our hearts, minds, bodies and souls. May our hearts always beat as one with yours, through your Great Messenger, your Son, Jesus. Amen.

### **References:**

Kimmerer, Robin Wall. **Braiding Sweetgrass: Indigenous Wisdom, Scientific Knowledge, and the Teachings of Plants**, 2014

Schaef, Anne Wilson. Native Wisdom for White Minds: Daily Reflections Inspired by the Native Peoples of the World, 1995, Accessed in **Google Books** 

Tassi, Filomena & Peter Tassi. 365 Prayers for Catholic Schools and Parish Youth Groups: Interactive, Seasonal, Traditional 2016

Tassi, Filomena & Peter Tassi. 500 Prayers for Catholic Schools & Parish Youth Groups 2004

We return thanks to our mother ... from World Prayers Website



# **Inspiring Images**

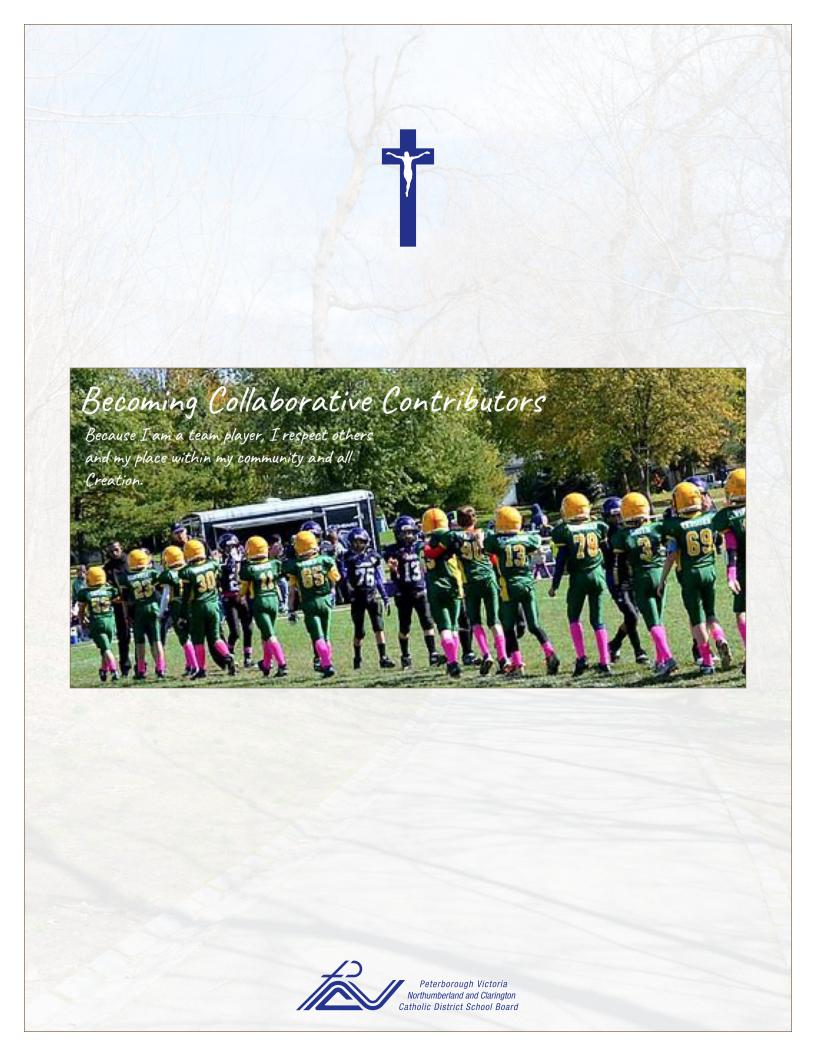


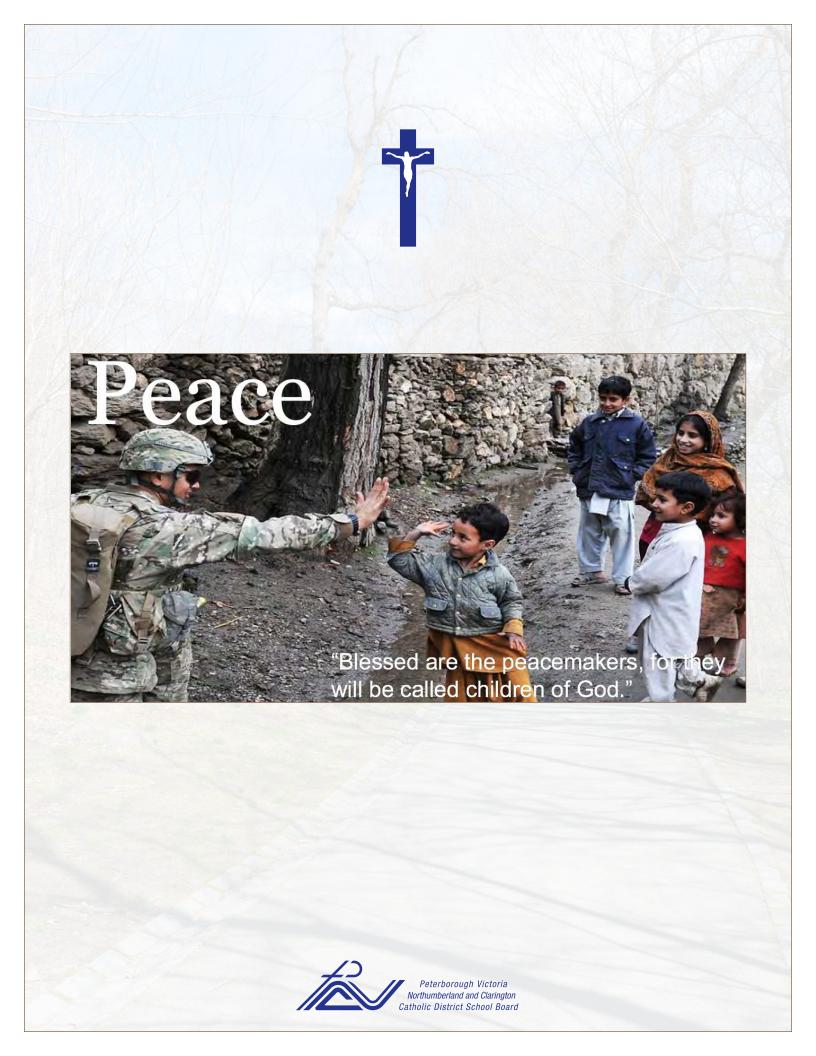
I co-operate with others in all that I do

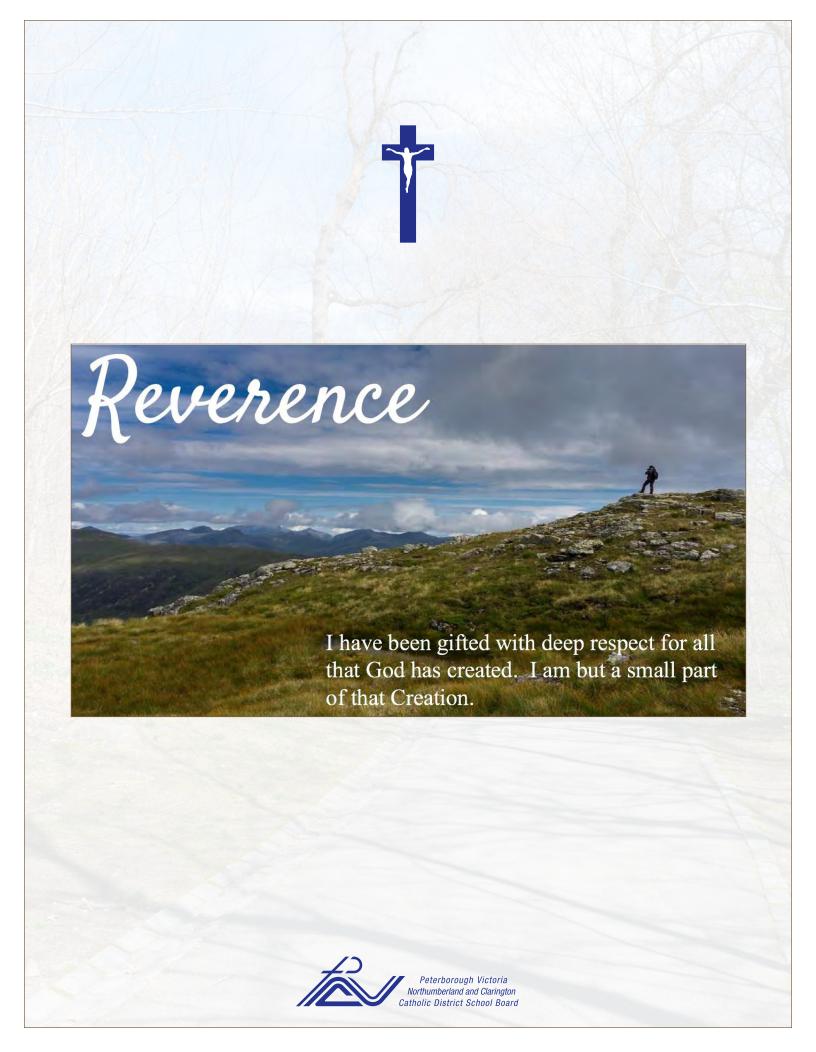
♥I value everyone's work
♥I respect and listen to others
♥I think of others before myself
♥I follow the rules of fair play
♥I work hard in school so that I can build my community and make it a better place

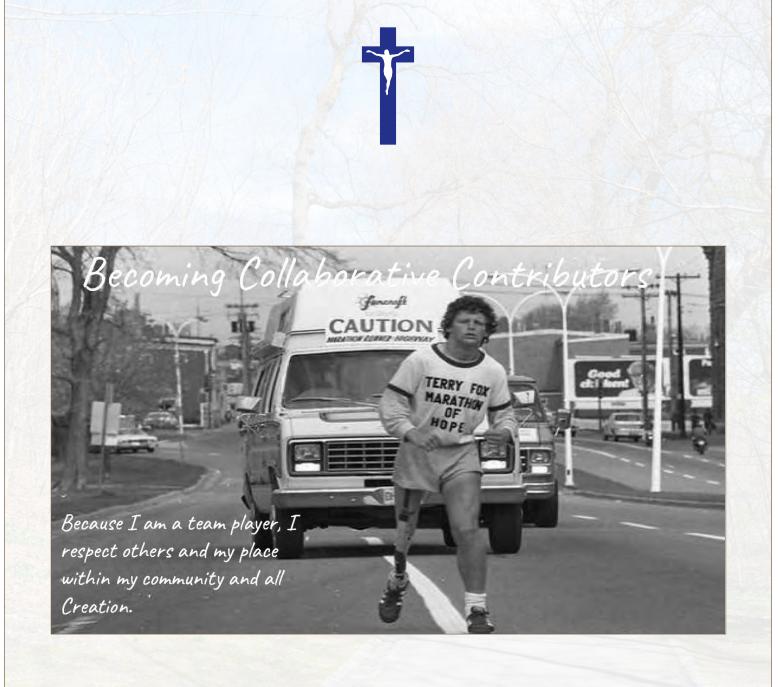
Because I am a team player, I know that 'Together is Better,' and that we will live our lives like Jesus.











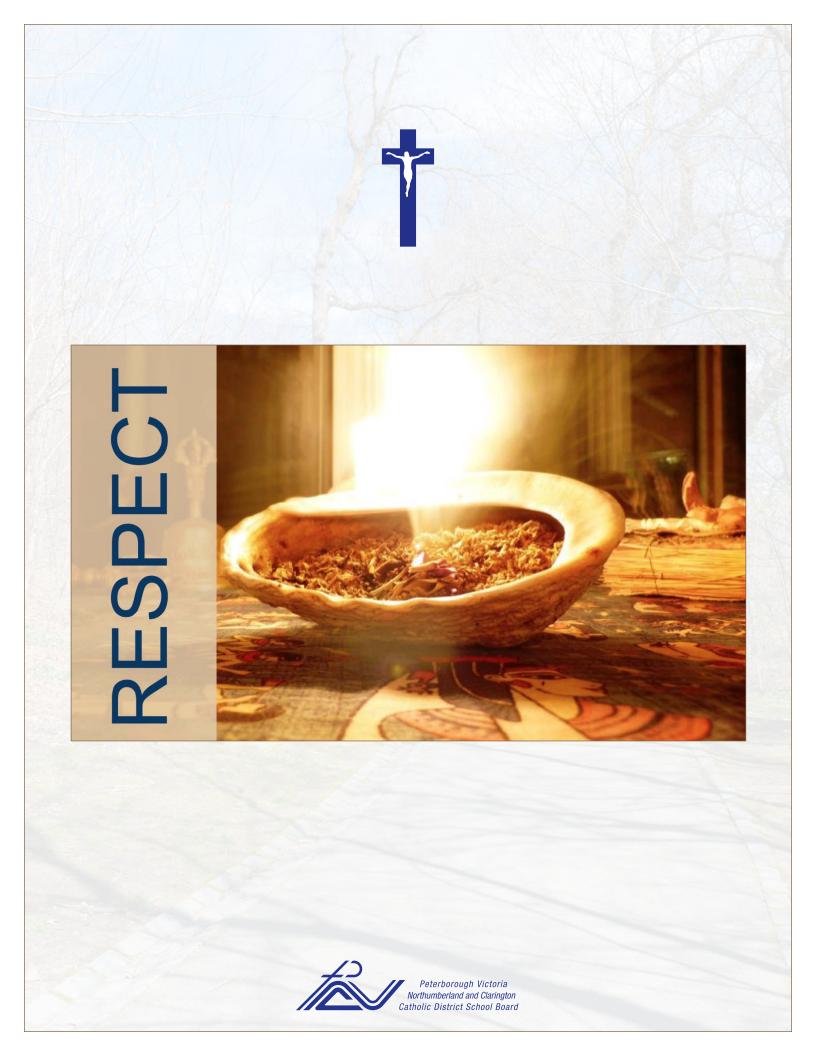




I SHOW **respect** WHEN I CARE FOR MYSELF, OTHERS AND ALL CREATION

# I include and value everyone





# Catholic Graduate Expectation A COLLABORATIVE CONTRIBUTER



#### A Collaborative Contributer who:

- a. Works effectively as an interdependent team member.
- b. Thinks critically about the meaning and purpose of work.
- c. Develops one's God-given potential and makes a meaningful contribution to society.
- d. Finds meaning, dignity, fulfillment and vocation in work which contributes to the common good.
- e. Respects the rights, responsibilities and contributions of self and others.
- f. Exercises Christian leadership in the achievement of individual and group goals.
- g. Achieves excellence, originality, and integrity in one's own work and supports these qualities in the work of others.
- h. Applies skills for employability, self-employment and entrepreneurship relative to Christian vocation.

"... Amidst the social turmoil, young people are eager to find solid and enduring values which can give meaning and purpose to their lives. They are searching for a firm place – a high ground – on which to stand. They seek a sense of direction, a goal which will give meaning and purpose to their lives." (Pope Saint John Paul II)



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## **Grandfather Teaching RESPECT – MINAADENDAMOWIN**

Respect is represented by the buffalo. The buffalo gives every part of his being to sustain the human way living, not because he is of less value, but because he respects the balance and needs of others. For as long as we have been here, we have sustained our lives through the Buffalo in terms of clothing, food, shelter, and expressing ourselves in art.

To honor all creation is to have respect.

Live honorably in teachings and in your actions towards all things. Do not waste and be mindful of the balance of all living things. Share and give away what you do not need. Treat others the way you would like to be treated. Do not be hurtful to yourself or others.

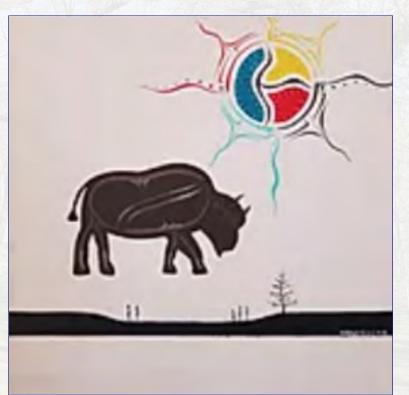
Place others before yourself in your life, don't look down on anyone.

Respect your fellow living beings.

All of creation should be treated with respect. You must give respect if you wish to be respected.

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# Prayer Service / Non Eucharistic Liturgy

### **Non Eucharistic Symbols**

**Crucifix:** Symbol of injustice suffered by Jesus who was nailed to the cross and left to die. It reminds us to be just in our dealings with others.

**Poppy:** Symbol of peace, know that if we want peace we have to work for justice. The poppy reminds us of our veterans who sacrificed their lives so we could live in peace and freedom.

**Paper Dove Carrying an Olive Branch:** Symbol of perpetual peace. The dove brought with it a piece of an olive branch when it returned to the ark to let Noah know that the waters had stopped.

**Candle:** To symbolize the eternal flame of peace, and hope in the second coming of our Lord Jesus Christ.

## Gathering

#### Dear Lord,

We gather today to celebrate peace. These days we are bombarded by images of war, violence, injustice, and persecution. It may not be happening in our own backyard, but we are all affected by it, and we all want it to stop. By being peaceful we learn the importance of being just and fair with the people in our lives, through our actions and words when we interact with them. We learn that it is important to listen to other people's view points before judging, and that it is okay that we are different from each other, yet equal in the eyes of God. As we pray today we ask God to give us the courage, not only to recognize the injustices in our world today, but to stand up and be the call for change in our quest to live in peace with ourselves, each other, our world, and our God. Let us think about how Jesus calls us to live His message, by praying for peace, by working for peace, and through becoming peace makers, for we are all children of God.



#### Old Testament Reading Ecclesiastes 3.1-9

A reading from the book of Ecclesiastes.

Everything that happens in this world happens at the time God chooses. He sets the time for birth and the time for death, the time for planting and the time for pulling up, the time for killing and the time for healing, the time for tearing down and the time for building. He sets the time for sorrow and the time for joy, the time for mourning and the time for dancing, the time for making love and the time for not making love, the time for kissing and the time for not kissing. He sets the time for finding and the time for losing, the time for saving and the time for throwing away, the time for tearing and a time for mending, the time for silence and the time for talk. He sets the time for love and the time for hate, the time for war and the time for peace.

The Word of the Lord. Thanks be to God.

#### Responsorial Psalm Psalm 34

The response to the psalm is "Show us the way great Prince of Peace."

I will always thank the Lord; I will never stop praising him. I will praise him for what he has done; may all who are oppressed listen and be glad. Proclaim with me the Lord's greatness; let us praise his name together.  $\mathcal{R}$ 

I prayed to the Lord, and he answered me; he freed me from my fears. The oppressed look to him and are glad; they will never be disappointed. The helpless call to him, and he answers, he saves them from all their troubles. His angel guards those who honour the Lord and rescues them from danger.  $\mathcal{R}$ 

The Lord watches over the righteous and listens to their cries, but he opposes those who do evil, so that when they die they are soon forgotten. The righteous call to the Lord, and he listens; he rescues them from all their troubles.

The Lord is near to those who are discouraged; he saves those who have lost all hope.  ${\mathcal R}$ 





#### Second Reading (Optional) 1 Peter 3.8-13

A reading from the first letter of Peter

To conclude: you must all have the same attitude and the same feelings; love one another as brothers, and be kind and humble with one another. Do not pay back evil with evil or cursing with cursing; instead pay back with a blessing, because a blessing is what God promised to give you when he called you. As the scriptures says, "Whoever wants to enjoy life and wishes to see good times, must keep from speaking evil and stop telling lies. He must turn away from evil and do good; he must strive for peace with all his heart. For the Lord watches over the righteous and listens to their prayers; but he opposes those who do evil."

The Word of the Lord. Thanks be to God.

#### Gospel Reading Matthew 5.1-13

A Reading from the Holy Gospel according to Matthew.

Jesus saw the crowds and went up a hill, where he sat down. His disciples gathered 'round him, and he began to teach them: "Happy are those who know they are spiritually poor; the kingdom of heaven belongs to them! Happy are those who mourn; God will comfort them! "Happy are those who are humble; they will receive what God has promised! Happy are those whose greatest desire is to do what God requires; God will satisfy them fully! Happy are those who are merciful to others; God will be merciful to them! Happy are the pure in heart; they will see God! Happy are those who work for peace; God will call them his children! Happy are those who were persecuted because they do what God requires; the Kingdom of heaven belongs to them."

The Gospel of the Lord. Praise to You Lord Jesus Christ.





### **Optional Activities**

**Paper Dove:** Bring forth a paper dove carrying the olive branch. The dove is a symbol of perpetual peace. Have students write down an 'action' that they can do to help bring about more peace in their own lives, class, school, community, or world.



**Poppy:** Present a poppy (either actual or homemade by students) to symbolize those who are fighting for peace, and those who continue to sacrifice their lives to bring about a greater good for others.

**Clock:** Students can bring forth numbers to build a clock face at the altar to symbolize that their time is now to bring about good, peace, friendship, and change in their lives in the hope of creating a better and more peaceful world.



### **Closing Prayer**

#### Dear Lord,

After listening to your stories and sharing our ideas, we learned that peace is the foundation of a just and fair world. You sent Your son Jesus into our world so that we may experience peace. Help lead us and give us the strength we need to live our lives in just and peaceful ways as children of God. Help us to put aside our differences, and seek unity with each other as we work for peace in our own lives and in our world today. We ask this through Christ our Lord. Amen.



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_iturgical	Non-Liturgical
Companions On The Journey	Imagine ~ John Lennon
One Tin Soldier	Hands ~ Jewel
Whatsoever You Do (CBWII 717)	The Rising ~ Bruce Springsteen
Prayer of St. Francis (CBWII 698)	Let it Be ~ The Beatles
Peace is Flowing Like a River	We Shall Be Free ~ Garth Brooks
5110/12/10/172	From a Distance ~ Bette Midler
	Waiting on the World to Change ~ John Mayer
	We Are the World ~ Michael Jackson
	Don't Laugh at Me ~ Mark Wills
	What's Going On ~ Marvin Gaye
	True Colours ~ Cyndi Lauper
	With My Own Two Hands ~ Jack Johnson
	One Tribe ~ Black Eyed Peas



# **Universal Prayer**

#### Response: Peaceful Lord, hear our prayer.

For our Holy Father on earth, all the bishops and clergy everywhere, that they may lead us to deeper faith in God and a stronger love for others in our journey to live in peace and harmony with each other, we pray.  $\mathcal{R}$ 

For women, men and children who suffer daily from the effects of war, violence, and lack of justice in our world, we pray.  ${\cal R}$ 

For the world, that the peace of Christ may take root in every human heart, and put an end to all forms of greed, violence and division, we pray.  ${\cal R}$ 

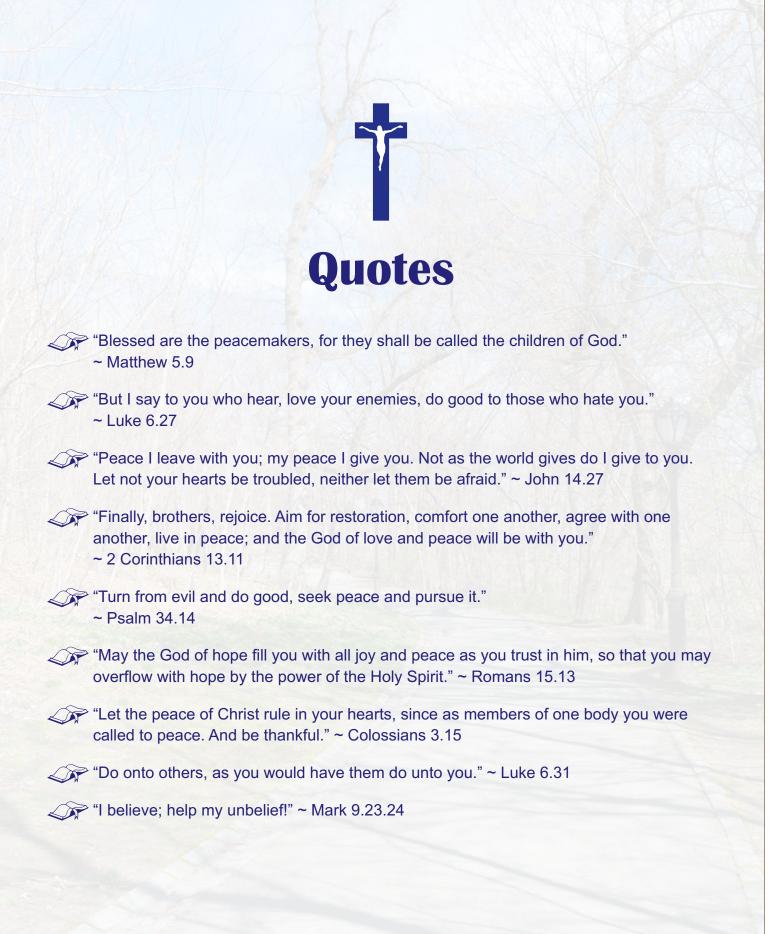
For the people of our own community, and those in our school. Help us carry the light of God's peace to all people and to all those we meet, we pray.  ${\cal R}$ 

For those who are sick and those who are dying. May they experience the touch of Your deep peace during their time of suffering, we pray.  $\mathcal R$ 

For the staff and students of our school and for all those who guide us in our Catholic faith. May we have the wisdom and courage to preach and live the peace of Christ's Gospel, we pray.  $\mathcal{R}$ 

 ${\mathbb F}$  That through the grace of Jesus, we may open our own hearts to His peace and the gifts of the Holy Spirit, we pray.  ${\mathcal R}$ 









- "Peace is not merely a distant goal that we seek, but a means by which we arrive at that goal." ~ Martin Luther King Jr.
- "What can you do to promote world peace? Go home and love your family."
  Mother Teresa

"An eye for an eye will only make the whole world blind." ~ Gandhi

"Peace begins with a smile." ~ Mother Teresa

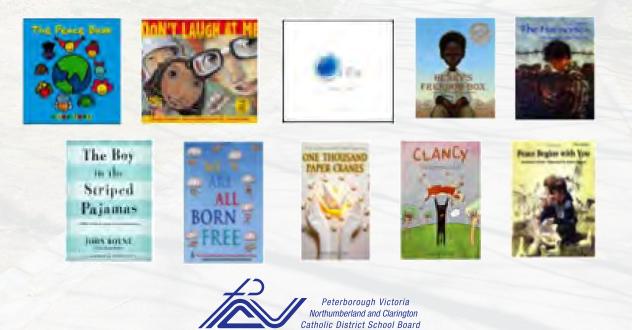
"When the power of love overcomes the love of power; the world will know peace."
Jimi Hendrix



# **Short Resource List**

- The Peace Book Todd Parr (P)
- Don't Laugh At Me Steve Seskin, and Allen Shamblin (P/J)
- One Kathryn Otoshi (P/J)
- Henry's Freedom Box Ellen Levine (J/I)
- The Harmonica Tony Johnston (J/I)
- Boy in the Striped Pajamas John Boyne (I)
- When Stories Fall Like Shooting Stars Gregory Valiska (P/J)
- Clancy the Courageous Cow David McKee (P)
- What Does Peace Feel Like? Vladimir Raduansky (P/J/I)
- Hannah's Suitcase: A True Story Albert Whiteman (I)
- We are All Born Free: The Universal Declaration of Human Rights in Pictures – Francis Lincoln (P/J/I)
- Peace Begins with You Katharine Scholes (P/J/I)
- One Thousand Paper Cranes: The Story of Sadako and the Children's Peace Statue

   Ishii Takayuki (P/J/I)
- Peace One Day Jeremy Gilley (J)





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