

Guidance for Children/Staff who are High Risk Contacts of a Confirmed Positive COVID-19 Case



*Children/staff who are high-risk contacts (HRC) of a positive COVID-19 case will receive a letter from Public Health with guidance and directions.

Purpose: To be used when anyone in the household is told by Public Health that they are a high-risk contact of a confirmed COVID-19 case. All HRC must quarantine immediately. Quarantine means to stay home.

Resources: [COVID-19: How to Self-Isolate](#) & [COVID-19: Self-isolation: Guide for Caregivers, Household Members and Close Contacts](#)

If HRC individual has symptoms



- HRC must stay home and quarantine for 14 days from last contact with positive case.
 - HRC should go for COVID-19 testing immediately.
 - Follow the direction in the letter from Public Health about when they can return to school/childcare/work.
 - Must be able to pass screening tool before returning.
- Any household members of a symptomatic HRC must also quarantine until test results return for symptomatic individual.**

If HRC individual does not have symptoms



- HRC must remain home and quarantine for **14 days** from last contact with positive case.
 - HRC is recommended to be tested for COVID-19 **on or after day 7** of quarantine period.
 - Follow the direction in the letter from Public Health about when they can return to school/childcare/work.
 - Must be able to pass screening tool before returning.
- Household members of a HRC should remain at home except for essential reasons such as going to school, childcare or work, until the quarantine period is over.**

If HRC individual tests positive for COVID-19



- HRC who tested positive for COVID-19 must follow directions from Public Health (i.e. self-isolate for 10 days from symptom onset [or test date]).
- Any household members of a HRC who tests positive for COVID-19 quarantine for 14 days from last contact with the individual who tested positive.**
- Household members are recommended to go for a COVID-19 test immediately, and if receive a negative test result, recommended to re-test on or after day 10 of isolation.**