



Grade Level Catechetical Resources for Reconciliation

Vision

Achieving Excellence in Catholic Education
LEARN • LEAD • SERVE

Mission

To educate students in faith-filled, safe, inclusive Catholic learning communities by nurturing the mind, body and spirit of all.



*Peterborough Victoria
Northumberland and Clarington
Catholic District School Board*

Grade 2



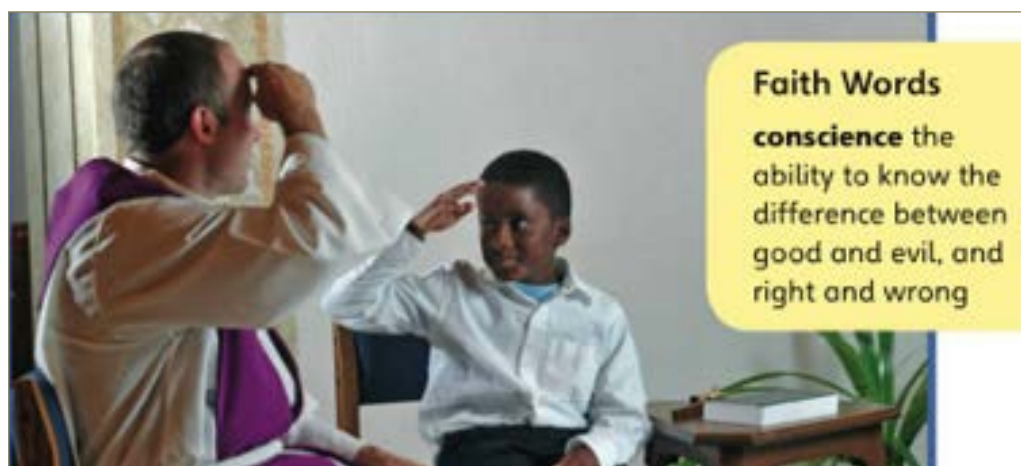
[“The Gift of Forgiveness”](#) (page 36-39) explains what a sacrament is, the terms sin, grace, and conscience, and the process of confession, penance, contrition and absolution.

[“Forgiving Andrew”](#) (page 40-47) is a fiction piece which draws out the process of reconciliation in story form.

Additional resources (available with the [Grade 2 digital resources](#) of the *Growing in Faith, Growing in Christ* program):

- ❖ **Poster:** Act of Contrition
- ❖ **Video:** Receiving the Sacrament of Reconciliation
- ❖ **Video:** The Seven Sacraments - Reconciliation
- ❖ **Video:** Reconciliation - Form of the Sacrament
- ❖ **Video:** Reconciliation - Making Amends
- ❖ **Song:** Reconciliation - God Forgives

Contact the Religion and Family Life Consultant if you need the Username and Password for the *Growing in Faith, Growing in Christ* program.



Grade 3

“The Different Kinds of Sin”

(page 158-159) introduces the terms original sin, personal sin and social sin in relation to the sacrament of reconciliation.

“Turning Back to God” (page 168)

focuses on how relationships are harmed by sin and turning to God provides healing.

“How We Live” (page 170)

uses illustrations of bible stories to convey the repentance and reconciliation communicated in these passages.

“The Apology” (page 173-177)

provides a real life example of reconciling with somebody.

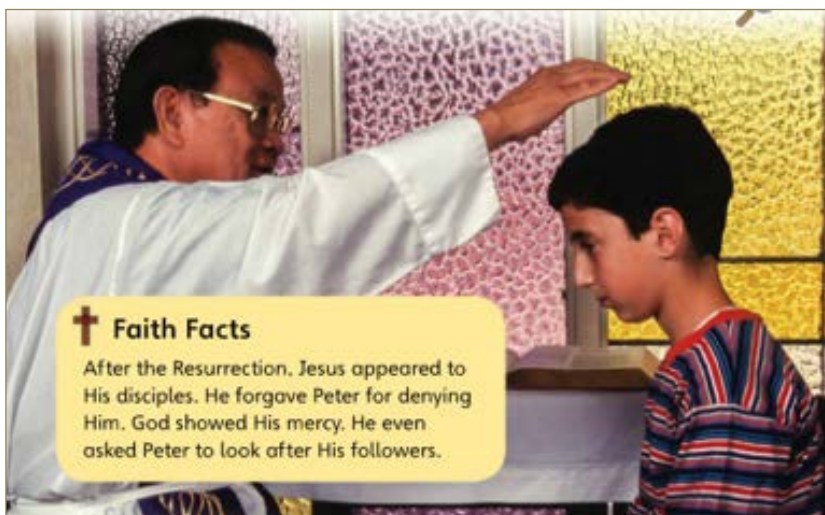
“What We Believe” (page 178)

outlines what happens during the Sacrament of Reconciliation including absolution.

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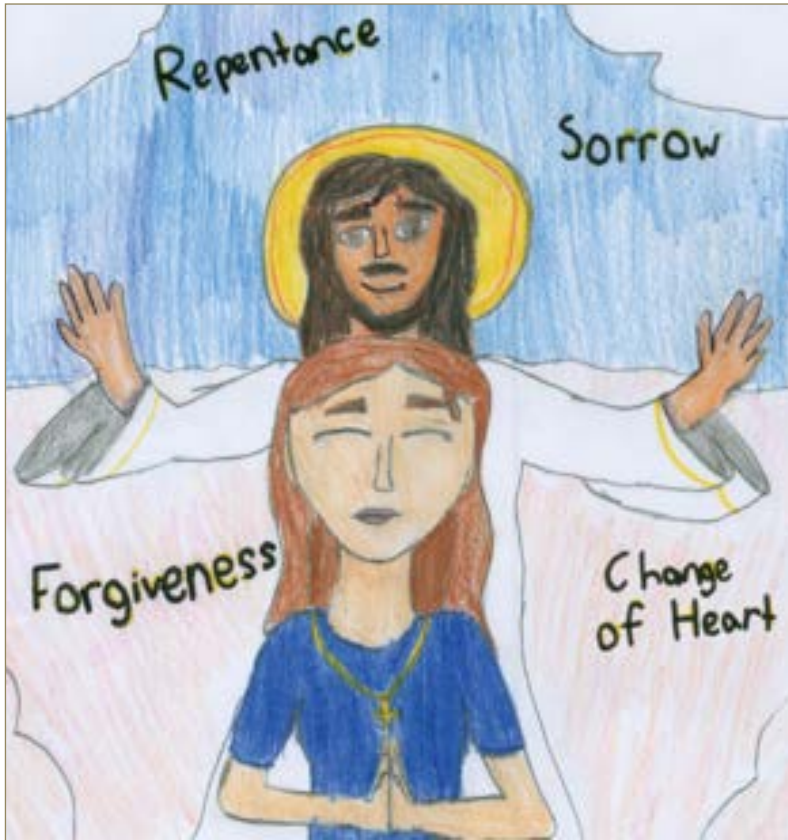
- ❖ **Video:** Receiving the Sacrament of Reconciliation
- ❖ **Video:** The Sacrament of Reconciliation
- ❖ **Video:** Reconciliation and Forgiveness
- ❖ **Video:** The Prodigal Son

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Grade 4

“Sacraments of Healing” (page 30) summarizes the sacrament of Reconciliation and identifies the essential components in a ‘Did you know’ bubble.



“The Lost Sheep” and **“The Lost Coin”** (pages 42-43) emphasize the elements of forgiveness that are found in these parables.

“Reconciliation and Holiness” (page 44-45) shares the steps of reconciliation through a cartoon and prompts reflection on how Reconciliation is a sacrament of Healing

“Healing through Reconciliation” (page 195-196) shares the practice of celebrating the sacrament in Lent and offers a more developed Act of Contrition.

Additional resources (available with the **Grade 4 digital resources** of the *Growing in Faith, Growing in Christ* program):

- ❖ **Video:** How Do I Go to Confession?
- ❖ **Video:** World Youth Day: Annie Goes to Confession
- ❖ **Video:** Jesus Heals and Forgives
- ❖ **Song:** Healing and Forgiveness

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Act of Contrition

My God,
I am sorry for my sins with all my heart.
In choosing to do wrong
and failing to do good,
I have sinned against you
whom I should love above all things.
I firmly intend, with your help,
to do penance,
to sin no more,
and to avoid whatever leads me to sin.
Our Saviour Jesus Christ
suffered and died for us.
In his name, my God, have mercy.
Amen.

Grade 5



By our choices and actions, we can distance ourselves from God, from one another, and from our better selves.

“The Gift of Grace” (page 187) explains how the Sacrament of Reconciliation is a way of taking responsibility for our sins and accepting Jesus’ gift of grace.

“The Prodigal Son” (pages 209-210) connects a narrative based on Jesus’ parable with forgiveness and grace.

“Guiding Our Conversion” (page 211) shares how Reconciliation is an opportunity to articulate ongoing conversion of heart and to see God’s grace more clearly in our lives.

Additional resources (available with the [Grade 5 digital resources](#) of the *Growing in Faith, Growing in Christ* program):

- ❖ **Video:** Video: The Sacraments - Reconciliation
- ❖ **Song:** Come Back to Me

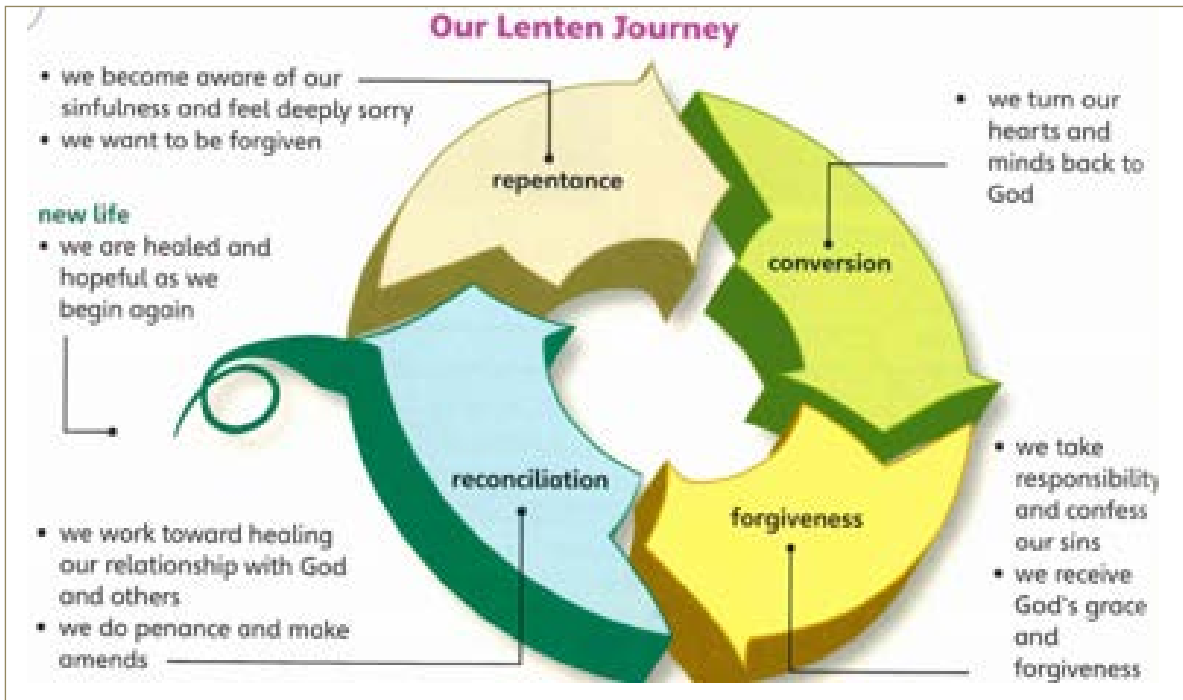
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FIVE PRECEPTS OF THE CHURCH

CELEBRATE	CONFESS	RECEIVE	FAST	GIVE
Attend Mass on Sundays and on holy days of obligation, and rest from unnecessary labour.	Receive the sacrament of Reconciliation at least once a year.	Receive the Eucharist at least during the Easter season.	Observe the Church's days of fasting and abstinence.	Help to provide for the needs of the Church.

The precepts help us live morally, resist temptation, and shine brightly in all areas of our lives.

Grade 6



[“United in the Sacraments”](#) (page 53) explains how the practice of the sacraments today is related to the sacramental life of the early church and the words of Jesus.

[“Reconciliation and Lent”](#) (page 186) considers reconciliation as a key theme of Lent.

[“Our Lenten Journey”](#) (page 194-195) diagrams the place of reconciliation, repentance, conversion, and forgiveness during Lent and connects these with scripture passages

[“Following Our Conscience”](#) (page 204-209) provides a clear conception of conscience and can help students make sense of an examination of conscience.

Additional resources (available with the [Grade 6 digital resources](#) of the *Growing in Faith, Growing in Christ* program):

- ❖ **Video:** Kyle’s Prayer
- ❖ **Song:** Come Back to Me

Contact the Religion and Family Life Consultant if you need the Username and Password for the *Growing in Faith, Growing in Christ* program.



Grade 7



“Chosen Lesson 10: Why tell my sins to a priest?”

has three video sessions on
(1) hitting the goal,
(2) what is sin and
(3) the power of confession.

Chosen: Student book

More resources will be included in the Growing in Faith, Growing in Christ grade 7 program which is scheduled to be published in May of 2020.

Grade 8

Video resources:

Fr. Mike Schmitz:

[Making a Good Confession](#)

Busted Halo:

[Penance \(Why we confess\)](#)

Bishop Barron:

[Confession](#)



More resources will be included in the Growing in Faith, Growing in Christ grade 8 program which is scheduled to be published in May of 2021.

Grade 9

Sacrament	Reference	Description
Baptism	Mark 1:9-11	
Confirmation	Acts 2:1-4	
Eucharist	Matthew 26:26-28	
Reconciliation	John 20:21-23	
Anointing of the Sick	Gospel of Mark 6:7, 12-13	
Holy Orders	Luke 22:19	
Matrimony	Matthew 19:4	

“Prayer and Sacraments” is an introductory lesson from the G9 RE resources produced by the *Institute for Catholic Education* providing an overview of Sacramental belief in the Catholic Church and relating this to various scripture passages. It also summarizes various types of prayer.

“Wisdom in Our World (Reconciliation)” is a lesson from the G9 RE resources produced by the *Institute for Catholic Education* which looks closely at forgiveness and healing of relationship following the events of Residential Schools in Canada and the sharing of truth and apologies which followed.

Grade 10

“Sacraments of Healing” is a lesson from the G10 RE resources produced by the *Institute for Catholic Education* which identifies the healing effects of the sacraments of Reconciliation and Anointing of the Sick using excerpts from the Catechism and making connections with Scripture.

“Overview of the Sacraments” is a lesson from the G10 RE resources produced by the *Institute for Catholic Education* which clarifies the concept of sacraments as ‘visible sign of God’s invisible presence’ and reflects on signs, symbols, and rituals as well as Scriptural connections.

“Restoring Relationship” is a lesson from the G10 RE resources produced by the *Institute for Catholic Education* which looks at healthy and unhealthy relationships, mental health and restorative justice.

Additional resources:

- ❖ Busted Halo: [Penance \(Why we confess\)](#)
- ❖ Fr. Catfish: [Why Does God Let us Sin?](#)
- ❖ Fr. Catfish: [What is a Mortal Sin?](#)



Grade 11

“Catholic Rituals: Sacraments and Liturgy” (page 41-42) from the grade 11 textbook *World Religions: A Canadian Catholic Perspective* outlines the purpose and theology behind Sacraments in the Catholic Church.

“The Beatitudes & the 10 Commandments” is a supplemental activity to the G11 RE resources produced by the *Institute for Catholic Education* which compares and contrasts these well-known moral frameworks in the Jewish and Christian traditions.

“They Came for the Children Part 4: The Churches, The Apologies, and Indigenous Spirituality” is a documentary by Kevin Moynihan which features the apologies of various churches and Congregations in response to the Truth and Reconciliation Commission in Canada.

Catholic Sacraments



↑ **Catholic Sacraments.** Catholic sacraments connect individual lives and special occasions in life with the work and person of Jesus Christ. In this way, human lives become filled with the life of Christ. Christ’s love gradually becomes our love. ■

Grade 12

[“Sin and Reconciliation and the Process of Reconciliation”](#) is an appendix from the G12 RE resources produced by the *Institute for Catholic Education* which reviews Catholic teachings related to the Sacrament of Reconciliation as well as excerpts from the YouCat and a summary of the steps taken in celebrating the Sacrament.

[“The Way of Reconciliation”](#) is a lesson from the G12 RE resources produced by the *Institute for Catholic Education* which focuses on better understanding the role of reconciliation in a Christian journey.

[“If I Sin, What Do I Do to You?”](#) is a chapter from the *OECTA grade 12 Religion Teacher Resource* which looks at both individual and social sin and examines the redemptive power of forgiveness.





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