



FRUITS OF THE HOLY SPIRIT
AUGUST

Goodness ~ bonté

“We are good because we have been created in the image of God.
Goodness itself is a validation of God’s realness.
The fruit of goodness is shared with others when we imitate Jesus.”

*“Sure goodness and mercy shall follow me all the days of my life,
and I shall dwell in the house of the Lord my whole life long.”*

PSALM 23.6



THEORY OF ACTION

*“If we value the reality of God’s image present in each other,
then students will recognize their goodness in being created in the likeness of God.”*



Peterborough Victoria
Northumberland and Clarington
Catholic District School Board

Table of Contents

 Definition	1
 Traditional Prayers of the Month	1
o Act of Love	1
o Act of Charity.....	1
 Dates to Note in August	2
 Scripture Readings	3-4
 Curriculum Connections	5
 Quotes	6
o Biblical.....	6
o Non-Biblical	6

Definition



Looks Like: Humility, faithfulness, charity towards others, genuineness, random acts of kindness, compassion and caring for others, social justice, showing right behaviour, doing the right thing, helping a friend, helping without being asked.



Sounds Like: Words of encouragement, offering to help, using your manners.



Feels Like: acceptance, presence of God in your life, right and just, comfort, peaceful.



7 Grandfather Teachings:

Debwewin – TRUTH: Speak the truth and do not deceive yourself. The Turtle is the symbol of truth. Slow down the pace of your life. Faster is not always the best way to reach your goals.

Traditional Prayers of the Month



Act of Love

O my God, because you are infinite goodness and worthy of infinite love, I love you with my whole heart above all things, and for love of you I love my fellow-men as myself.



Act of Charity

O my God, I love Thee above all things, with my whole heart and soul, because Thou art all-good and worthy of all love. I love my neighbor as myself for love of Thee. I forgive all who have injured me and ask pardon of all whom I have injured. Amen.

Dates to Note in August

1

Did You Know? Today is the memorial of St. Alphonsus Liguori. He is a Doctor of the Church and the founder of the Redemptorist Congregation.

A Prayer of St. Alphonsus

Eternal Father, your Son has promised that whatever we ask in His Name will be given to us. In His Name I pray; give me a burning faith, a joyful hope, a holy love for Jesus Christ. Give me the grace of perseverance in doing Your will in all things. Do with me what You will. I repent of having offended You. Grant me, O Lord, that I may love You always and never let me be separated from You. O my God and my all, make me a saint! Amen.

8

Did You Know? Today we celebrate the memorial of St. Dominic. He is also known as Dominic of Osma and Dominic of Caleruega, often called Dominic de Guzmán and Domingo Félix de Guzmán (1170 – August 6, 1221). He was a Spanish priest and founder of the Dominican Order. Dominic is the patron saint of astronomers.

A Prayer of St. Dominic

Wonderful Saintly Founder of the eloquent Order of Preachers and friend of Saint Francis of Assisi, you were a fiery defender of the Faith and a fighter against the darkness of heresy. You resembled a great star that shone close to the world and pointed to the light which was Christ. Help astronomers to study the stars and admire their wonderful Maker proclaiming: "Give glory to God in the highest". Amen

15

Did You Know? Today is the solemnity of the Assumption of the Blessed Virgin Mary. This solemnity is celebrated every year on August 15. The Feast of the Assumption of the Blessed Virgin Mary commemorates the death of Mary and her bodily assumption into Heaven; a foreshadowing of our own bodily resurrection at the end of time.

Hail Mary

Hail Mary, full of grace.
Our Lord is with thee.
Blessed art thou among women,
and blessed is the fruit of thy womb,
Jesus.
Holy Mary, Mother of God,
pray for us sinners,
now and at the hour of our death.
Amen.

Je Vous Salue Marie

Je vous salue Marie
pleine de Grâce
le Seigneur est avec vous.
Vous êtes bénie entre toutes les
femmes
Et Jésus, le fruit de vos entrailles, est
béné.
Sainte Marie, Mère de Dieu,
priez pour nous pauvres pécheurs,
maintenant et à l'heure de notre mort.
Amen.

Scripture Readings



Old Testament Reading Exodus 33.12-23

A reading from the book of Exodus.

Moses said to the LORD, "See, you have said to me, 'Bring up this people'; but you have not let me know whom you will send with me. Yet you have said, 'I know you by name, and you have also found favor in my sight.' Now if I have found favor in your sight, show me your ways, so that I may know you and find favor in your sight. Consider too that this nation is your people." He said, "My presence will go with you, and I will give you rest." And he said to him, "If your presence will not go, do not carry us up from here. For how shall it be known that I have found favor in your sight, I and your people, unless you go with us? In this way, we shall be distinct, I and your people, from every people on the face of the earth."

The LORD said to Moses, "I will do the very thing that you have asked; for you have found favor in my sight, and I know you by name." Moses said, "Show me your glory, I pray." And he said, "I will make all my goodness pass before you, and will proclaim before you the name, 'The LORD'; and I will be gracious to whom I will be gracious, and will show mercy on whom I will show mercy. But," he said, "you cannot see my face; for no one shall see me and live." And the LORD continued, "See, there is a place by me where you shall stand on the rock; and while my glory passes by I will put you in a cleft of the rock, and I will cover you with my hand until I have passed by; then I will take away my hand, and you shall see my back; but my face shall not be seen."

The Word of the Lord. *Thanks be to God.*



New Testament Reading John 6.1-14

A reading from the Holy Gospel according to John.

After this Jesus went to the other side of the Sea of Galilee, also called the Sea of Tiberias. A large crowd kept following him, because they saw the signs that he was doing for the sick. Jesus went up the mountain and sat down there with his disciples. Now the Passover, the festival of the Jews, was near. When he looked up and saw a large crowd coming toward him, Jesus said to Philip, "Where are we to buy bread for these people to eat?" He said this to test him, for he himself knew what he was going to do. Philip answered him, "Six months' wages would not buy enough bread for each of them to get a little." One of his disciples, Andrew, Simon Peter's brother, said to him, "There is a boy here who has five barley loaves and two fish. But what are they among so many people?" Jesus said, "Make the people sit down." Now there was a great deal of grass in the place; so they[sat down, about five thousand in all. Then Jesus took the loaves, and when he had given thanks, he distributed them to those who were seated; so also the fish, as much as they wanted. When they were satisfied, he told his disciples, "Gather up the fragments left over, so that nothing may be lost." So they gathered them up, and from the fragments of the five barley loaves, left by those who had eaten, they filled twelve baskets. When the people saw the sign that he had done, they began to say, "This is indeed the prophet who is to come into the world."

The Gospel of the Lord. *Praise to You Lord Jesus Christ.*

— OR —

Luke 10.25-37

A reading from the Holy Gospel according to Luke.

Just then a lawyer stood up to test Jesus. “Teacher,” he said, “what must I do to inherit eternal life?” He said to him, “What is written in the law? What do you read there?” He answered, “You shall love the Lord your God with all your heart, and with all your soul, and with all your strength, and with all your mind; and your neighbor as yourself.” And he said to him, “You have given the right answer; do this, and you will live.”

But wanting to justify himself, he asked Jesus, “And who is my neighbor?” Jesus replied, “A man was going down from Jerusalem to Jericho, and fell into the hands of robbers, who stripped him, beat him, and went away, leaving him half dead. Now by chance a priest was going down that road; and when he saw him, he passed by on the other side. So likewise a Levite, when he came to the place and saw him, passed by on the other side. But a Samaritan while traveling came near him; and when he saw him, he was moved with pity. He went to him and bandaged his wounds, having poured oil and wine on them. Then he put him on his own animal, brought him to an inn, and took care of him. The next day he took out two denarii, gave them to the innkeeper, and said, ‘Take care of him; and when I come back, I will repay you whatever more you spend.’ Which of these three, do you think, was a neighbor to the man who fell into the hands of the robbers?” He said, “The one who showed him mercy.” Jesus said to him, “Go and do likewise.”

The Gospel of the Lord. *Praise to You Lord Jesus Christ.*

Curriculum Connections

Primary

LS1.1: Demonstrate an understanding of what it means to be made in God's image (i.e. out of love for us God has created the human persons as unique within all of Creation; capable of knowing and loving our Creator God; as a communion of body and soul; we share in God's divine life and thus participate in the dignity of God; God has made himself known to us in Jesus who calls us into a loving relationship).

[CCC nos. 356-384] (1)

ML1: Demonstrate an understanding of how God teaches us to be good and to reflect this goodness in our actions (i.e. Moral Law – revealed in Scripture e.g. Old Law – Ten Commandments, New Law – Law of the Gospel).

[CCC nos. 1949-1986; 2052-2082] (3)

Junior

ML3: Demonstrate an understanding that God is merciful (i.e. forgives sin) and offers us reconciliation through the Church and specifically the sacraments (i.e. sacraments of penance, healing, and Eucharist).

[CCC nos. 1420-1498] (4)

LC1.2: Identify how members of the Church witness to God's universal love, to the nature of the Church being "catholic" and to the promotion of relationships with non-Christians (i.e. Muslims) and other paths of missionary witness.

[CCC nos. 830-856] (5)

Intermediate

ML2: Demonstrate an understanding that when faced with a moral choice in our life, the judgement of our conscience can be right or wrong (i.e. we can choose good or evil, we can develop virtues / vices).

[CCC nos. 1762-1775; 1776-1802; 1803-1845] (7)

ML3: Demonstrate an understanding that the grace received through the Holy Spirit calls us to holiness and gives us the gifts we need to be justified in the Christian life (i.e. to manifest the excellent work of God's love).

[CCC nos. 1810-1811; 1830-1832; 1987-2029] (8)

Quotes

Biblical



“And he said, “I will make all my **goodness** pass before you, and will proclaim before you the name, ‘The LORD’; and I will be gracious to whom I will be gracious, and will show mercy on whom I will show mercy. ~ Exodus 33.19



“Surely **goodness** and mercy shall follow me all the days of my life, and I shall dwell in the house of the LORD my whole life long.” ~ Psalm 23.6



“Do not remember the sins of my youth or my transgressions; according to your steadfast love remember me, for your **goodness**’ sake, O LORD!” ~ Psalm 25.7



“Give thanks to the Lord, for He is good; for His loving kindness is everlasting.” ~ Psalm 107.1

Non-Biblical



“True Religion is living out one’s soul, with all one’s goodness and righteousness.” ~ Albert Einstein



“The roots of all goodness lie in the soil of appreciation for goodness.” ~ Dalai Lama



“Goodness is about character – integrity, honesty, kindness, generosity, moral courage, and the like. More than anything else, it is about how we treat other people.” ~ Dennis Prager



“Do your little bit of good where you are; it's those little bits of good put together that overwhelm the world.” ~ Desmond Tutu



“A good head and good heart are always a formidable combination. But when you add to that a literate tongue or pen, then you have something very special.” ~ Nelson Mandela