

Minutes

II

The Minutes of the Special Education Committee Meeting held on January 17, 2019 at 6:30 p.m. in the Boardroom of the Catholic Education Centre.

PRESENT

Members Arlene Godby, Kelly Smigielski, Clare Paterson, Melissa Gillespie, Emmanuel Pinto, Laura Quibell, Shawna Belcourt, Krista McEwen, Anita Arnold

Absent (by motion) Helen McCarthy

Administration Anne Marie Duncan, Diane Mather

Recorder: Susan Mariutti

A. Call to Order:

1. In the absence of an elected Chair/Vice Chair, Anne Marie Duncan chaired the meeting.
Anne Marie called the meeting to order and asked Melissa to lead the group in prayer.

We acknowledge that we are meeting on the traditional territory of the Mississauga Anishinaabe.

2. Approval of Agenda

Motion: Moved by Kelly, seconded by Arlene, that the agenda be approved as presented.

Carried

3. Declarations of Conflicts of Interest

None noted

4. Election of SEAC Chair

Arlene Godby was acclaimed SEAC Chair for the 2019-2022 Term.

Election of SEAC Vice-Chair

Melissa Gillespie was acclaimed SEAC Vice-Chair for the 2019-2022 term.

5. Excusal from Attendance

Motion: Moved by Emmanuel, seconded by Shawna, that Helen McCarthy, be excused from attendance at the January 17, 2019 Special Education Advisory Committee meeting.

Carried

5. Approval of the Minutes of the October 18, 2018 meeting.

Motion: Moved Kelly, seconded by Melissa, that the Minutes be approved as presented.

Carried

6. Business Arising from the Minutes
 - Copy of “Terms/Acronyms in Special Education” distributed.

B. Recommended Actions/Presentations:

1. Remarks: Chairperson
 - Arlene had no remarks at this time.
2. “Be Well Strategy”: A Year in Review (*Jennifer Angelo, Mental Health Lead*)
 - Jennifer presented an update on the ‘Be Well Strategy’ and its implementation in schools across the board.
 - Copy of presentation attached.
3. Remarks: Superintendent of Learning/Special Education (*Anne Marie Duncan, Superintendent of Learning/Special Education*)
 - Anne Marie welcomed our new Trustee/SEAC member, Emmanuel Pinto.
 - We are presently merging the Identification, Placement, Review, Committee (IPRC) forms to make them more concise and ensure the IPRC process is consistent. Anne Marie will share updated forms with SEAC to seek their input.
 - “Service Dog” guidelines are being revised to ensure they are up to date. Anne Marie will share revised guidelines with SEAC to seek their input.
 - Mental Health and Well Being Grant \$52,000, this is a reduction of 50%
 - School Mental Health Assist announce they will be receiving ministry funding
 - Student Monitor role positions have been working well so far; excellent at triaging.
 - Student Incident Portion (SIP): 122 claims were submitted, 94 elementary, 28 secondary, estimate total of \$3,312,999 if all are approved.
4. Discussion: “Accessible Education for Students with Disabilities” document (*Anne Marie Duncan, Superintendent of Learning/Special Education*)
 - Anne Marie highlighted the key points of chapter 8 (8.1 to 8.4)
 - Copy of presentation attached
 - Copy of document can be found at:
http://www.ohrc.on.ca/sites/default/files/Policy%20on%20accessible%20education%20for%20students%20with%20disabilities_FINAL_EN.pdf
 - Chapter 8 – sections 5 – 8 will be reviewed at the February meeting
5. Reports from SEAC members
Included on Agenda

C. Information Items
Attached to agenda

D. Old Business

E. New Business

F. Next Meeting

1. Thursday, February 21,
Boardroom, Catholic Education Centre
6:30 – 9:00 p.m.

2. Agenda Items: Attendance Statistics
3. Selection of Member for Opening/Closing Prayer: Emmanuel Pinto

Future Meetings & Presentation Topic:

Friday, February 1, 2019	PD Session Invitation Calvary Pentecostal Church, Peterborough 8:30 am – Self Regulation and Self Care for Adults 12:30 pm – Michael “Pinball” Clements “Gifts, Teamwork, and Passion, Living your Best Life”
Thursday, March 21, 2019	Applied Behaviour Analyst
Thursday, April 25, 2019	Special Education Support Staff
Thursday, May 30, 2019	Speech Language Pathology
Thursday, June 20, 2019	Psychology

G. Conclusion:

1. Closing Prayer: Melissa closed the meeting with prayer.
2. Adjournment
Motion: Moved by Kelly, seconded by Laura, that the meeting be adjourned.

Carried





Be Well Strategy: A Year in Review

Presented by:
Jennifer Angelo, Mental Health Lead
January 17, 2019



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Evolution of our Be Well Strategy

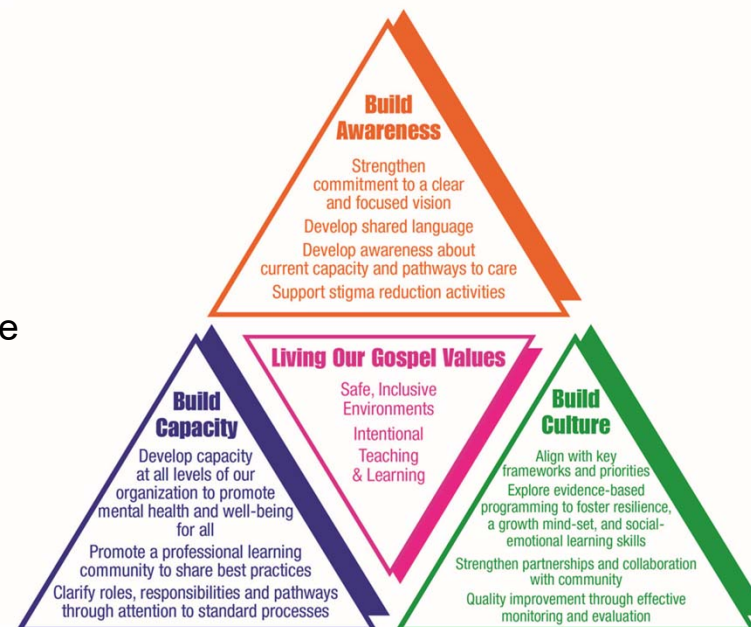


Vision for Mental Health and Well Being

Our entire educational community is an **inclusive** place that foster **resilience** through a **holistic** approach to student achievement, rooted in our Catholic faith, where all learners are supported to **Be Well**.

Core Beliefs

- ★ We all have mental health
- ★ We all experience challenges with our mental health
- ★ We all can learn how to take care of our mental health





Mind



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Building Awareness:

- Be Well Communication campaign
- Resources for staff on Mental Health and Well Being
- Continual support of student led/initiated activities
- Continued learning about self regulation



Mind



Building Capacity:

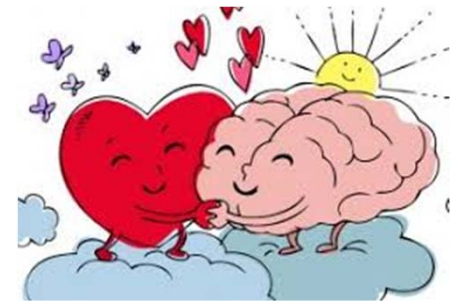
- Self Regulation framework
- Sharing of best practise sources
- Psychologically Safe workplaces
- Curriculum links
- Guidelines for presentations and activities



Mind

Building Culture:

- Self Regulation framework for all
- Student and Staff Wellness
- Connectedness, belonging
- Sense of Community





Body

“...there is one body but many parts.”
(1 Corinthians 12)

Building Awareness

- material resources shared in the schools
- stigma reduction
- language





Body





Body

Building Capacity

- creation of self reg spaces (rooms, be well walk)
- physical wellness (sleep, hydration, self reg)
- environmental scan, training on SPIP, guidelines for MH activities



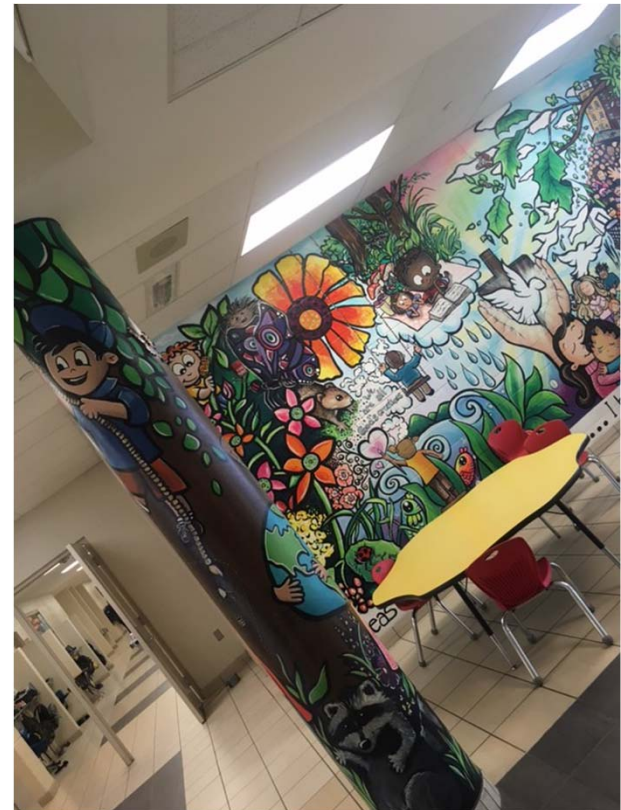
Body

Alternative Seating





Body





Body





Body

Building Culture

- support within the community
- Wellness Advisory Group (WAG)
- Wellness Implementation Group (WIG)
- Itinerant Safe Schools Social Workers
- Ongoing Staff Training



Body

Building Culture:





Body

Aptoqwet Self Reg Room





Spirit

Be Well Strategy

-Renewing the Promise (ACBO)

- Reaffirms the strong relationship between parish, home & school
- Rooted in Gospel teaching, social justice and prayer
- Major theme of accompaniment



Spirit

Community of Believers

-“Shoulder to shoulder with Christ, shoulder to shoulder with our neighbour.”

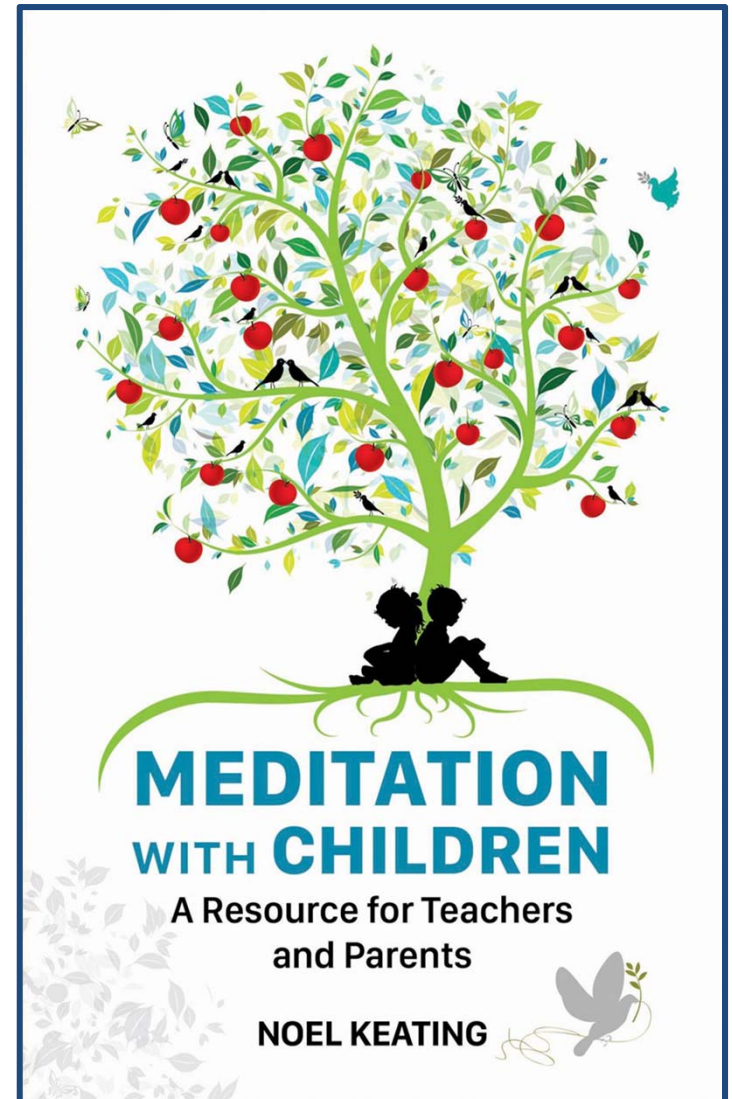
- Daily prayer
- Monthly Masses
- Regular priest visits
- Newly created sacramental preparation programs
- Growing in Faith, Growing in Christ (year 1-5, online portals)
- Redesigned and expanded Rosary Prayer program



Spirit

Christian Meditation

- Dr. Noel Keating
- Origins with the Desert Fathers & Mothers
- Connections with the Ignatian spiritual tradition
- Handbook, poster, inservice for administrators
- Resting *in* Christ





"Christian Meditation is the best thing to do to calm down. I like it a lot when I am frustrated. It gives me time to talk to God."

"Christian Meditation is a time when I can calm myself down if I had a bad day."

"I like it because it's not noisy."

"Christian Meditation helps me listen to what God has to say to me."



"You spend time talking to God and Jesus. Meditation is awesome."

"Meditation is like giving a hug to yourself and getting in touch with the awesomeness of God's love."



Questions?