

## Board Wide Volleyball Tournament Rules

Remember to start each game with a prayer led by the home team.

### 1. Serving

- a) Player must attempt to serve the ball within 8 seconds. If the ball has been tossed and the ball drops the team loses serve and the opposing team gains one point.
- b) Player can take one step over the baseline when serving if space is limited.
- c) Five serve maximum.
- d) Cannot block on serve, cannot contact ball above height of net.
- e) Net is in play
- f) Coin toss will determine serve for first game. During the semi's and finals if a third game is needed then coin toss will be done again.
- g) Can serve anywhere behind the back line.

### 2. Scoring

- a) Each match will compose of games of 25 points with a cap of 27.
- b) Number of games will be based on time, facility and conveners decisions.

### 3. Net Play

- a) Cannot touch net with body, unless not involved in the play.
- b) Ones foot must entirely cross the line under the net for violation.
- c) Ball can be played off the net as long as it crossing between the antennas.
- d) The consistent height of the net is to be determined by measuring 7 feet at the middle of the net.
- e) A block cannot be made across the plane of the net until the third hit.

### 4. Match Play

- a) No contact may be made with feet.
- b) Attacking from back row, must jump from behind the 3 meter line.
- c) 2 timeouts per team per game (30 seconds).
- d) Substitution: Before a game, a coach will declare to the referee his/her intention to substitute using a **rotation** or a **player-for-player** exchange.

- Player for Player, **once the substitution has taken place the removed player cannot come on until the next game unless and injury takes place.** Each team can make 6 subs per game.
- Rotation:  
Substitutes moves into the center back position (6) replacing the previous server while maintaining the same order.

## 5. Rules

- a) 6 players per side
- b) 3 contacts allowed. Block is not considered a contact. (Off a spike, the ball may hit the body twice)
- c) A ball that contacts the line is considered in.
- d) Ceiling and walls are not in play. Once the ball hits these areas the play is done and a point is awarded. (Local rules due to size or set-up of gym may be made.)
- e) Overhand serves are allowed.
- f) Players shall not wear jewellery (including pre-match warm-ups) with the exception of medical bracelets.
- g) Rotation is clockwise. The clockwise movement of players around the court. Players retain their initial rotation order throughout the entire game, but once the ball is contacted by the server and crosses the net they are allowed to move anywhere on the court. Once that point is done they must return to their initial position.

The ball becomes dead and a point awarded to the other team:

-if multiple contacts or more than one contact by a player during one attempt to play the ball (multiple contacts are permitted only when a block has taken place).

- When a back row player, (on or in front of the attack line, contacts the ball, which is completely above the height of the net.
- When a ball is successfully served over the net and lands in bounds on the opponents' court.
- When the other team fails to return the ball within three touches.
- When infractions occur such as lifting, slapping, or directing the ball.

## **Convener Duties for Volleyball**

- Contact Curriculum Chair of Healthy Living at Secondary School to confirm date at least 1 month in advance. Discuss details regarding equipment needs, facility set-up, officials, score keepers, whistles score clocks, tables etc. Ask schools to email confirmation to the convener and the Board Athletic Coordinator
- Fax participating schools to determine the numbers of teams attending (1 month prior) and to generate a schedule to coaches ( 1 week prior to the event).
- display schedules and results on the day of the event'
- contact schools with the trophy from the previous years event and to make sure it is brought to the tournament
- send a copy of the tournament rules to the high school chair at least one week in advance to share with officials from the event
- Conduct a brief meeting with coaches and players and officials before the tournament to discuss rules, expectations, schedule etc. Lead teams in a prayer and welcome before the event re-enforce that there is no food or drink other than water in the gymnasium. Student should eat and drink in there cafeteria.
- Help keep students off the court and direct spectators to the chairs away from the playing area'
- Monitor the officials and score keepers and provide constructive feedback to the officials regarding the performance of their duties throughout the day. This is a learning experience for them as well.
- Demonstrate support for the officials in the event that coaches/spectators/ players are disrespectful or abusive towards them.
- Ensure that the gym and PE office and change rooms are cleaned up before leaving the school. This include equipment being returned to proper storage area, garbage off the floor , charts off the walls, benches , tables and chairs returned to the appropriate area. This can be accomplished with students in charge of different areas at the end of the event.
- The convener has the authority to make any other decisions as they apply to the event.

Convener for 2007-2008: Steve Martel Holy Family Elementary School