

P.V.N.C. Board-Wide Basketball Rules

Remember to start each game with a prayer led by the home team.

- The teams play 5 on 5 with 15 minute halves. The last 3 minutes of regular play will be stop time.
- Each team gets one 30 second time-out per half.
- Foul shots are to be taken during the game.
- A possession arrow is to be used after the initial jump for all jump ball situations, including the start of the second half.
- A player is ineligible for the remainder of the game after receiving 5 fouls.
- After 6 team fouls in the half, each subsequent foul will result in 1 and 1 bonus foul shot (if the player makes the first shot, they get a second one.) After 8 they get 2 bonus foul shots. Rebounders may only enter the key upon ball contact with the rim on foul shots.
- There will be an over-and-back rule(modified in gyms where space is limited).
- There is no over-and-back penalty over half-court on any in-bounds play.
- A player must in-bound the ball within 5 seconds(the defense should be back from the sideline where space permits to allow the inbound pass).
- If an inbound pass makes no contact with a player and goes out of bounds the play returns to the place the inbound pass was made.
- Players must establish a pivot foot on inbounds plays except on a made basket.
- If a player stands still and holds with the ball for a referee's 5 count, possession will be awarded to the other team.
- The defense must allow the other team to cross half after a made basket.
- A team can use a full court press in any situation other than after a made basket.
- There is no **zone play** in elementary basketball, a bench technical will be given to the coach after one warning. (This technical does not result in the ejection of a coach or player).
- A player must clear the key area after 3 seconds without a team shot.
- A mercy rule will be implemented once a team is ahead by 20 points. Scores will be set

to zero and no team may press at any time once the mercy rule is in effect.

- The following technical fouls will result in an immediate ejection of the player from the game, 2 foul shots for the other team and possession of the ball. ***Poor language, uncooperative behaviour, excessive physical contact or intent to injure.*** A coach has 30 seconds to replace an ejected player from the game, the clock does not stop.
- Over time: 5 minutes with the last 2 minutes stop time. One 30 second time out. If a tie is still present then a 2 minute overtime will be played and repeat if needed until one team wins. Players that have fouled out in regulation may not return for overtime.

**Contacts List: Convener- Boys: Tessa DeSouza School- St. Anne's
Girls: Karan Leal School-St. Teresa's
Girls- Holy Cross High school 748-6664 (Randy Riel-chair)
Boys- St. Peter's High school 745-1358 Dave Quigley-chair)**

Convener Duties for Basketball

- Contact Curriculum Chair of Healthy Living at Secondary School to confirm date at least 1 month in advance. Discuss details regarding equipment needs, facility set-up, officials, score keepers, whistles score clocks, tables etc. Ask for email confirmation from the secondary school for gym booking.
- Fax participating schools to determine the numbers of teams attending(1 month prior) and to generate a schedule to coaches (1 week prior to the event).
- display schedules and results on the day of the event'
- contact schools with the trophy from the previous years event and to make sure it is brought to the tournament
- send a copy of the tournament rules to the high school chair at least one week in advance to share with officials from the event
- conduct a brief meeting with coaches and players and officials before the tournament to discuss rules, expectations, schedule etc.. Lead teams in a prayer and welcome before the event re-enforce that there is no food or drink other than water in the gymnasium. Student should eat and drink in there cafeteria.
- Help keep students off the court and direct spectators to the chairs away from the playing area'
- monitor the officials and score keepers and provide constructive feedback to the officials regarding the performance of their duties throughout the day. This is a learning experience for them as well.
- demonstrate support for the officials in the event that coaches/spectators/ players are disrespectful or abusive towards them.
- ensure that the gym and PE office and change rooms are cleaned up before leaving the school. This include equipment being returned to proper storage area, garbage off the floor , charts off the walls, benches , tables and chairs returned to the appropriate area. This can be accomplished with students in charge of different areas at the end of the event.
- The convener has the authority to make any other decisions as the apply to the event.