

Legal Considerations

- Immunity/Sabrina's Law: No action for damages shall be instituted respecting any act done in good faith or for any neglect or default in good faith in response to an anaphylactic reaction in accordance with this Act, unless damages are the result of an employee's negligence.
- Common law ("Good Samaritan") protects people when they provide emergency first aid in a reasonable and acceptable manner.
- Giving epinephrine and calling 911 is the medically recommended response.
- The Supreme Court of Canada has recognized that the "standard of care" owed by an educator to a student is that of "a careful or prudent parent."

Parent Obligations

- Inform the school about your child's life threatening allergies and complete an Emergency Response form.
- Ensure child carries EpiPen®/Twinject™ at all times.
- Provide additional emergency EpiPen®.

For more information, refer to the Peterborough Victoria Northumberland and Clarington Catholic District School Board Anaphylactic Policy (404) & Administrative Procedures available on the PVNCCDSB web site at:
<http://pvnccdsb/trustees/Policies & Procedures/Anaphylaxis: Reducing the Risk>



Resources

DISTRICT HEALTH DEPARTMENTS

CSACI (Canadian Society of Allergy and Clinical Immunology) www.csaci.medical.org. Updated guidelines for use by school boards, schools, and other settings.

Anaphylaxis Canada www.anaphylaxis.org. Links to resource materials and sites.

Lesson plans for students for various age groups. www.safe4kids.ca/content/schools/schools.asp

AAIA (Allergy/Asthma Information Association) Educational articles and brochures. www.aaia.ca

Food Allergy and Anaphylaxis Network (U.S.) Resource information and classroom posters www.foodallergy.org

Allerex-Canadian Distributor of EpiPen®
www.allerex.ca / www.epipen.ca

Dey L.P. - Distributor of EpiPen® www.epipen.com

Canadian MedicAlert Foundation www.medicalert.ca

Canadian Food Inspection Agency www.inspection.gc.ca

Fact Sheets regarding priority allergens
www.inspection.gc.ca/english/fssa/labeti/allerg/allerge.shtml

Paladin Labs - Canadian Distributor of Twinject™
www.paladinlabs.com / www.twinject.ca

BILL 3 — Sabrina's Law

Anaphylaxis Resource Kit developed for the Ministry of Education by Anaphylaxis Canada www.eworkshop.on.ca

PETERBOROUGH VICTORIA NORTHUMBERLAND AND CLARINGTON CATHOLIC DISTRICT SCHOOL BOARD

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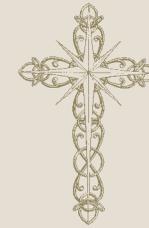
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Peterborough Victoria
Northumberland and Clarington
Catholic District School Board



KEEPING SCHOOLS SAFE —
PROTECTING
ANAPHYLACTIC STUDENTS

Sabrina's
LAW
BILL 3



Peterborough Victoria
Northumberland and Clarington
Catholic District School Board



What is Sabrina's Law?

BILL 3 – Sabrina's Law is named after Sabrina Shannon, a 13-year-old from Pembroke with a milk allergy, who died in 2003 from an anaphylactic reaction after eating French fries which may have been contaminated by a dairy product.

The legislation has been enacted to protect anaphylactic students in a school setting, and became effective on January 1, 2006.

What is Anaphylaxis?

Anaphylaxis (*anna-fill-axis*) is a serious allergic reaction that can be life-threatening. Anaphylaxis affects multiple body systems, including skin, upper and lower respiratory, gastrointestinal, and cardiovascular.

What causes an Anaphylactic Reaction?

Food is the most common cause of anaphylaxis, but insect stings, medicine, latex, immunotherapy, or exercise can also cause a reaction. Ninety percent of serious food allergy reactions are caused by:

- Peanuts
- Milk
- Egg
- Sulphites (food additives)
- Shellfish
- Fish
- Wheat
- Tree Nuts
- Soy
- Sesame

Recognizing Symptoms

Think F.A.S.T.*

During an anaphylactic reaction any of these symptoms may appear.

- F** FACE itchy, redness, swelling of face and tongue
- A** AIRWAY trouble breathing, swallowing or speaking
- S** STOMACH stomach pain, vomiting, diarrhea
- T** TOTAL hives, rash, itchy, swelling, weakness, pallor (paleness), sense of doom, loss of consciousness

* ANAPHYLAXIS CANADA

Emergency Response

- 1 Act quickly – give epinephrine immediately.
- 2 Stay with student and send someone for help.
- 3 Call 911 and use the word "anaphylaxis" or drive to the hospital.
- 4 Contact the student's parents.

What is Epinephrine?

Epinephrine is the most common medication used in a potentially life-threatening allergic reaction. The EpiPen® or Twinject™ should be administered immediately in the event of an allergic reaction.



Board Prevention and Management Anaphylaxis Plan

To adhere to the principles of Bill 3 - Sabrina's Law, the Peterborough Victoria Northumberland and Clarington Catholic District School Board has developed a Health and Safety Policy (404) and related Administrative Procedures entitled Anaphylaxis: Reducing the Risks.

The Policy and Administrative Procedures:

- Develop awareness about the management of allergens;
- Establish avoidance strategies to reduce the risk of exposure;
- Provide training on dealing with life-threatening allergies;
- Develop emergency response procedures within each Catholic school community.

In addition, the Board requires that contracts with food service providers and transportation operators address anaphylaxis awareness, avoidance, and emergency procedures.

School Prevention and Management Anaphylaxis Plan

It is the duty of every school to provide a safe environment for all students. The School Prevention and Management Anaphylaxis Plan shall fulfill the school's obligations by:

- Sharing information and creating awareness;
- Developing reasonable procedures for avoidance of potentially anaphylactic situations and reducing risks where possible, by:
 - Keeping allergens out of classrooms and common areas.
 - Eating in designated areas and keeping food areas clean.
 - Covering/moving garbage containers from play areas.
 - Eliminating nests of insects which sting.
 - Encouraging people to read food labels.
 - Avoiding unlabeled foods and not sharing food, utensils, straws and food containers.
 - Washing hands before and after eating.
 - Disinfecting classroom tables, learning materials and resources.
 - Avoiding the use of products containing rubber/latex with students who have spina bifida and/or have had invasive surgeries at a young age.
- Executing appropriate emergency procedures.

While recognizing the parents' rights to food choices for their child, most parents acknowledge the right to life and safety as greater, and will support procedures which protect the allergic child.